The Manor
A Senior Living Community

Independent Living
October 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
wishing you a HAPPY BIRTHDAY **Phylis Falcone 10/05** **Francie Biggs 10/13** **Arline Mitchell 10/15** **James Alexander 10/21** **Martha Welch 10/26** **Alice Braddy 10/26**		**AR** - Art Room **AT** - Admin Training **AC** - Admin Conference **B** - Bistro **D** - Dining Room **ER** - Exercise Room **F** - Front Desk **FC** - Front Conference Room **G** - Game Room **GC** - Gallery Conservatory **H** - Hospitality Room **L** - Library **LC** - Lifestyle Center **MP** - Multipurpose Room **MIC** - Ingram Chapel **MR** - Movement Room **PT** - Purchase Ticket **SU** - Sign Up **TV** - 2nd Floor TV Room **T** - Theater	**1** 10:00 am Smoothie Bar - B 2:30 pm Fitness & Fun w/Lynn - MR	**2** 9-10 am Coffee & Breakfast Sweets - B 10:00 am Exercise - MR 10:00 am Food Lion & CVS - SU 2:00 pm Afternoon Movie - T - SU *"The Last Word"*	**3**  8 - 10 am Continental Breakfast - B 12:00 pm Lunch Buffet - D
4  12:00 pm Lunch Buffet - D 3:00 pm Vespers Service - MIC	**5** 9-10 am Coffee & Breakfast Sweets - B 10:00 am Exercise - MR 10:00 am Art Class - AR 2:30 pm Fitness & Fun w/Lynn - MR 6:30 pm Florence Symphony - SU	**6** 8:30 am Dry Cleaning Pick Up - G 10:00 am Bible Study - Lifestyle Center Sitting Area 3:00 pm Bingo - D	**7** 10:00 am Exercise - MR 10:00 am Seamstress Doris Pee - FC 3:00 pm Resident Council - AT	**8** 10:00 am Super Walmart - SU 2:30 pm Fitness & Fun w/Lynn - MR	**9** 9-10 am Coffee & Breakfast Sweets - B 10:00 am Exercise - MR 1:45 pm Food Lion & CVS - SU 3:00 pm Art for a Cure Begins - Gallery 	**10**  8 - 10 am Continental Breakfast - B 12:00 pm Lunch Buffet - D
11  12:00 pm Lunch Buffet - D 3:00 pm Vespers Service - MIC	**12**  9-10 am Coffee & Breakfast Sweets - B 10:00 am Exercise - MR 10:00 am Art Class - AR 2:30 pm Fitness & Fun w/Lynn - MR	**13** 8:30 am Dry Cleaning Pick Up - G 10:00 am Bible Study - Lifestyle Center Sitting Area 2:00 pm Tuesday Talk w/Troy - MP 3:00 pm Bingo - D 4:00 pm Hearing Life - SU	**14** 10:00 am Exercise - MR 11:00 pm JULIETS @ Chili's - SU 3:00 pm Trivial Pursuit - D	**15** 2:30 pm Fitness & Fun w/Lynn - MR 4:30 pm Sippin' Cider at the Pavillion - SU 	**16** 9-10 am Coffee & Breakfast Sweets - B 10:00 am Exercise - MR 10:00 am Food Lion & CVS - SU 2:00 pm Afternoon Movie - T - SU *"The Breadwinner"*	**17**  8 - 10 am Continental Breakfast - B 12:00 pm Lunch Buffet - D
18  12:00 pm Lunch Buffet - D 3:00 pm Vespers Service - MIC	**19** 9-10 am Coffee & Breakfast Sweets - B 10:00 am Exercise - MR 10:00 am Art Class - AR 12:30 pm Art for a Cure Ends 2:30 pm Fitness & Fun w/Lynn - MR	**20** 8:30 am Dry Cleaning Pick Up - G 10:00 am Bible Study - Lifestyle Center Sitting Area 3:00 pm Bingo - D	**21** 10:00 am Exercise - MR 10:00 am Seamstress Doris Pee - FC 3:00 pm Hay Ride - Sign Up 	**22** 10:00 am Harris Teeter - SU 2:30 pm Fitness & Fun w/Lynn - MR	**23** 9-10 am Coffee & Breakfast Sweets - B 10:00 am Exercise - MR 1:45 pm Food Lion & CVS - SU	**24**  8 - 10 am Continental Breakfast - B 10:00 am Manor Walk to End Alzheimer's - Chapel Steps- SU 12:00 pm Lunch Buffet - D
25  12:00 pm Lunch Buffet - D 3:00 pm Vespers Service - MIC	**26** 9-10 am Coffee & Breakfast Sweets - B 10:00 am Exercise - MR 10:00 am Art Class - AR 2:30 pm Fitness & Fun w/Lynn - MR 5:00 pm Halloween Wine & Cheese & Costume Contest - B/MP - SU 	**27** 8:30 am Dry Cleaning Pick Up - G 10:00 am Bible Study - Lifestyle Center Sitting Area 3:00 pm Bingo - D	**28** 10:00 am Exercise - MR 3:00 pm Birthday Party & Newcomers Welcome - D	**29** 2:30 pm Fitness & Fun w/Lynn - MR 5:00 pm Trick or Treaters - D SU 	**30** 9-10 am Coffee & Breakfast Sweets - B 10:00 am Exercise - MR 10:00 am Food Lion & CVS - SU 3:00 pm Pumpkin Judging - Gallery	**31**   8 - 10 am Continental Breakfast - B 12:00 pm Lunch Buffet - D