



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	AR - Art Room AT - Admin Training AC - Admin Conference B - Bistro D - Dining Room ER - Exercise Room F - Front Desk FC - Front Conference Room G - Game Room GC - Gallery Conservatory H - Hospitality Room L - Library LC - Lifestyle Center MP - Multipurpose Room MIC - Ingram Chapel MR - Movement Room PT - Purchase Ticket SU - Sign Up TV - 2nd Floor TV Room T - Theater 		1 9:30 am Exercise - MR 10:00 am Seamstress Doris Pee - FC 3:00 pm Trivial Pursuit - D	2 10:30 am Craft Time - AT - SU 2:30 pm Fitness & Fun w/Lynn - MR 	3 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 1:45 pm Food Lion & CVS - SU	4  8 - 10 am Continental Breakfast - B 12:00 pm Lunch Buffet - D 2:00 pm Patriotic Sing Along - MP 3:00 pm Watermelon & Boiled Peanuts - B
5  12:00 pm Lunch Buffet - D 3:00 pm Vespers Service - MIC	6 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Art Class - AR 2:30 pm Fitness & Fun w/Lynn - MR	7 8:30 am Dry Cleaning Pick Up - G 10:00 am Bible Study - Lifestyle Center Sitting Area 3:00 pm Bingo - D	8 9:30 am Exercise - MR 11:00 am JULIETS Lunch @ Chili's - SU 3:00 pm Resident Council - AT	9 10:00 am Morning Movie - T - SU 2:30 pm Fitness & Fun w/Lynn - MR	10 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Food Lion & CVS - SU 2:00 pm Movie - T - SU 	11  8 - 10 am Continental Breakfast - B 12:00 pm Lunch Buffet - D
12  12:00 pm Lunch Buffet - D 3:00 pm Vespers Service - MIC	13  9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Art Class - AR 2:30 pm Fitness & Fun w/Lynn - MR	14 8:30 am Dry Cleaning Pick Up - G 10:00 am Bible Study - Lifestyle Center Sitting Area 3:00 pm Bingo - D	15 9:30 am Exercise - MR 10:00 am Seamstress Doris Pee - FC 3:00 pm The Music of Oscar Hammerstein - D	16  10:00 am Super Walmart - SU 2:30 pm Fitness & Fun w/Lynn - MR	17 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 1:45 pm Food Lion & CVS - SU	18  8 - 10 am Continental Breakfast - B 12:00 pm Lunch Buffet - D
19  12:00 pm Lunch Buffet - D 3:00 pm Vespers Service - MIC	20 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Art Class - AR 2:30 pm Fitness & Fun w/Lynn - MR	21  8:30 am Dry Cleaning Pick Up - G 10:00 am Bible Study - Lifestyle Center Sitting Area 3:00 pm Bingo - D	22  9:30 am Exercise - MR 3:00 pm Trivial Pursuit - D	23 10:00 am Smoothie Bar - B 2:30 pm Fitness & Fun w/Lynn - MR	24 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Food Lion & CVS - SU 2:00 pm Movie - T - SU	25  8 - 10 am Continental Breakfast - B 12:00 pm Lunch Buffet - D
26  12:00 pm Lunch Buffet - D 3:00 pm Vespers Service - MIC	27  9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Art Class - AR 2:30 pm Fitness & Fun w/Lynn - MR	28 8:30 am Dry Cleaning Pick Up - G 10:00 am Bible Study - Lifestyle Center Sitting Area 3:00 pm Bingo - D	29 9:30 am Exercise - MR 3:00 pm JULY Birthday Party & Newcomers Welcome - D 	30  10:30 am Harris Teeter - SU 2:30 pm Fitness & Fun w/Lynn - MR	31 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 1:45 pm Food Lion & CVS - SU	Happy JULY Birthday!  Idette Tucker7/04 Bob Mitchell7/09 Betty Anne Smith7/10 Lynne Langston7/12 Linda Reed7/12 Mary Corbin7/19 Phyllis Wiechmann7/20 