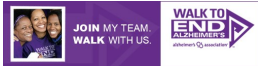
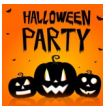




Independent Living

OCTOBER 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
 AR - Art Room AT - Admin Training AC - Admin Conference B - Bistro D - Dining Room ER - Exercise Room F - Front Desk FC - Front Conference Room G - Game Room GC - Gallery Conservatory H - Hospitality Room L - Library LC - Lifestyle Center MP - Multipurpose Room MIC - Ingram Chapel MR - Movement Room PT - Purchase Ticket SU - Sign Up TV - 2nd Floor TV Room T - Theater			1  9:30 am Exercise - MR 10:00 am Seamstress Doris Pee - FC 10:15 am Bible Study - G 3:00 pm Trivial Pursuit - D	2 1:30 pm Transportation to Club House - SU 2 - 4 pm Dedication Service Honoring John D. Orr Club House	3 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 1:45 pm Shopping @ Food Lion - SU Shopping @ CVS - SU	4  8 - 10 am Continental Breakfast - B 12:00 pm Lunch Buffet - D
5  12:00 pm Lunch Buffet - D 3:00 pm Vespers Service - MIC	6 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Art Class - AR 2:30 pm Fitness & Fun w/Lynn - MR 6:30 pm Depart for Symphony - SU	7 8:30 am Dry Cleaning Pick Up - G 3:00 pm Bingo - D	8 9:30 am Exercise - MR 10:15 am Bible Study - G 3:00 pm Resident Council Meeting - AT	9 1:45 pm Shopping @ Food Lion - SU Shopping @ CVS - SU 2:30 pm Fitness & Fun w/Lynn - MR	10 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 3:00 pm Art For A Cure Silent Auction Begins	11  8 - 10 am Continental Breakfast - B 12:00 pm Lunch Buffet - D
12  12:00 pm Lunch Buffet - D 3:00 pm Vespers Service - MIC	13 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Art Class - AR 2:30 pm Fitness & Fun w/Lynn - MR 3:30 pm Movie - Spellbound - T - SU	14 8:30 am Dry Cleaning Pick Up - G 10:00 am Super Walmart - SU 3:00 pm Bingo - D 4:00 pm Hearing Life Rep - GC - SU	15 9:30 am Exercise - MR 10:00 am Seamstress Doris Pee - FC 10:15 am Bible Study - G 11:15 am Juliets Lunch @ Wholly Smokin-SU 2:30 pm Craft Time - MP	16 1:45 pm Shopping @ Food Lion - SU Shopping @ CVS - SU 2:30 pm Fitness & Fun w/Lynn - MR	17 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 3:00 pm Trivial Pursuit - D	18  8 - 10 am Continental Breakfast - B 12:00 pm Lunch Buffet - D
19  12:00 pm Lunch Buffet - D 3:00 pm Vespers Service - MIC	20 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Art Class - AR 2:30 pm Fitness & Fun w/Lynn - MR 1:00 pm Art for a Cure Silent Auction Ends	21 8:30 am Dry Cleaning Pick Up - G 3:00 pm Bingo - D 4:00 pm Lifetime Hearing Rep - GC - SU	22 9:30 am Exercise - MR 10:15 am Bible Study - G 3:00 pm October Birthday Party Newcomers Welcome - D	23 1:45 pm Shopping @ Food Lion - SU Shopping @ CVS - SU 2:30 pm Fitness & Fun w/Lynn - MR	24 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 2:30 pm Movie - Rear Window - T - SU	25  8 - 10 am Continental Breakfast - B 10:00 am The Manor Walk to End Alzheimer's - SU Chapel Steps 12:00 pm Lunch Buffet - D
26  12:00 pm Lunch Buffet - D 3:00 pm Vespers Service - MIC	27 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Art Class - AR 2:30 pm Fitness & Fun w/Lynn - MR 3:30 pm Movie - To Catch a Thief - T - SU	28 8:30 am Dry Cleaning Pick Up - G 1:45 pm Harris Teeter - SU 3:00 pm Bingo - D	29  9:30 am Exercise - MR 10:15 am Bible Study - G 5:00 pm Trick or Treaters - D - SU	30  1:45 pm Shopping @ Food Lion - SU Shopping @ CVS - SU 2:30 pm Fitness & Fun w/Lynn - MR 5:00 pm Halloween Party - SU - B/MP & Costume Contest	31  9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 2:30 pm Staff Halloween Costume Contest - Bistro	Phylis Falcone 10/05 Sandy Aiken 10/07 Francie Biggs 10/13 Arline Mitchell 10/15 Martha Welch 10/26  Happy Birthday wishing you a