


















# Independent Living

## JULY 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>AR - Art Room D - Dining Room G - Game Room LC - Lifestyle Center PT - Purchase Ticket</p>	<p>AT - Admin Training ER - Exercise Room GC - Gallery Conservatory MP - Multipurpose Room SU - Sign Up</p>	<p>AC - Admin Conference F - Front Desk H - Hospitality Room MIC - Ingram Chapel TV - 2nd Floor TV Room</p>	<p>B - Bistro FC - Front Conference Room L - Library MR - Movement Room T - Theater</p>		<p>1 12:00 pm Lunch Buffet - D</p> 
<p>2 12:00 pm Lunch Buffet - D 3:00 pm Vespers Service - MIC</p> 	<p>3 9-10 am Coffee &amp; Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Art Class - AR 2:30 pm Fitness &amp; Fun w/Lynn - MR 3:30 pm Movie - <i>Queen Bees</i> - T - SU</p>	<p>4 12:00 pm Lunch Buffet - D 3:00 pm Watermelon &amp; Peanuts - D</p> 	<p>5 9:30 am Exercise - MR 3:00 pm Bingo - D</p>	<p>6 10:00 am Bible Study with Michelle - G 1:45 pm Shopping @ Food Lion - SU 2:30 pm Fitness &amp; Fun w/Lynn - MR</p>	<p>7 9-10 am Coffee &amp; Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Shopping @ CVS - SU 1:45 pm Shopping @ Magnolia Mall - SU 3:00 pm Movie - <i>Mrs. Harris Goes to Paris</i> - T - SU</p>	<p>8 12:00 pm Lunch Buffet - D</p> 
<p>9 12:00 pm Lunch Buffet - D 3:00 pm Vespers Service - MIC</p> 	<p>10 9-10 am Coffee &amp; Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Art Class - AR 2:30 pm Fitness &amp; Fun w/Lynn - MR 3:30 pm Movie - <i>Wild Oats</i> - T - SU</p>	<p>11 8:30 am Dry Cleaning Pick Up - G 1:45 pm Shopping @ Dollar General - SU 3:00 pm Bingo - D</p>	<p>12 9:30 am Exercise - MR 10:00 am Seamstress Doris Pee - FC 11:15 am JULIETS Lunch @ Olive Garden - SU 3:00 pm Resident Council Meeting - AT</p>	<p>13 1:45 pm Shopping @ Food Lion - SU 2:30 pm Fitness &amp; Fun w/Lynn - MR</p>	<p>14 9-10 am Coffee &amp; Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Shopping @ CVS - SU 3:00 pm Movie - <i>The Secret: Dare To Dream</i> - T - SU</p>	<p>15 12:00 pm Lunch Buffet - D</p> 
<p>16 12:00 pm Lunch Buffet - D 3:00 pm Vespers Service - MIC</p> 	<p>17 9-10 am Coffee &amp; Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Art Class - AR 2:30 pm Fitness &amp; Fun w/Lynn - MR 3:30 pm Movie - <i>Book Club</i> - T - SU</p>	<p>18 8:30 am Dry Cleaning Pick Up - G 10:00 am Shopping @ Super Walmart - SU 3:00 pm Bingo - D 4:00 pm Lifetime Hearing - GC - SU</p>	<p>19 9:30 am Exercise - MR 3:00 pm Trivial Pursuit - D</p>	<p>20 7:30 am Men's Breakfast - D - SU 10:00 am Bible Study with Michelle - G 1:45 pm Shopping @ Food Lion - SU 2:30 pm Fitness &amp; Fun w/Lynn - MR</p>	<p>21 9-10 am Coffee &amp; Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Shopping @ CVS - SU 3:00 pm Movie - <i>Enola Holmes</i> - T - SU</p>	<p>22 12:00 pm Lunch Buffet - D</p> 
<p>23 12:00 pm Lunch Buffet - D 3:00 pm Vespers Service - MIC</p> 	<p>24 9-10 am Coffee &amp; Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Art Class - AR 2:30 pm Fitness &amp; Fun w/Lynn - MR 3:30 pm Movie - <i>The Lost City</i> - T - SU</p>	<p>25 8:30 am Dry Cleaning Pick Up - G 1:45 pm Shopping @ Harris Teeter - SU 3:00 pm Bingo - D</p>	<p>26 9:30 am Exercise - MR 10:00 am Seamstress Doris Pee - FC 3:00 pm Newcomers Welcome - D</p>	<p>27 1:45 pm Shopping @ Food Lion - SU 2:30 pm Fitness &amp; Fun w/Lynn - MR 4:00 pm Styling Tips with Talbots - MP</p>	<p>28 9-10 am Coffee &amp; Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Shopping @ CVS - SU 10:30 am Ears2Hear Rep - GC - SU 3:00 pm July Birthday Party - D 5:30 pm Florence After 5 - SU - (5 Min.)</p>	<p>29 12:00 pm Lunch Buffet - D</p> 
<p>30 12:00 pm Lunch Buffet - D 3:00 pm Vespers Service - MIC</p> 	<p>31 9-10 am Coffee &amp; Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Art Class - AR 2:30 pm Fitness &amp; Fun w/Lynn - MR 5:00 pm Wine &amp; Cheese Social - D</p>				<p>HAPPY BIRTHDAY</p> 	<p>Idette Tucker 7/04 Merrie Hyman 7/07 Betty Anne Smith 7/10 Suzi Jones 7/13 Mary Corbin 7/19 Phyllis Wiechmann 7/20 Chappy Jones 7/26 Jane Carey 7/29 Gladys Hayes 7/31</p>