



THE MANOR









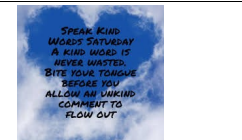


A Senior Living Community



Independent Living

AUGUST 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1  12:00 pm Lunch Buffet - D 3:30 pm Vespers Service - MIC	2 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MP 10:00 am Exercise - MP 10:00 am Art Class - AT 2:30 pm Fitness & Fun w/Lynn - MP	3 8:00 am Podiatrist - SU 8:30 am Dry Cleaning Pick Up - G 10:00 am Walking Club - F 1:45 pm Shopping @ Dollar General - SU 3:00 pm Bingo - D	4 9:30 am Exercise - MP 10:00 am Seamstress - G 10:00 am Exercise - MP 10:30 am Bible Study w/Rev. Dane - G 3:00 pm Resident Council - AT (Reps only)	5 10:45 am Praise & Worship - MP 1:45 pm Shopping @ Food Lion - SU 2:30 pm Fitness & Fun w/Lynn - MP	6 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MP 10:00 am Exercise - MP 10:00 am Shopping @ CVS - SU 3:00 pm Celebrating Melon Month - D	7  12:00 pm Lunch Buffet - D	
8  12:00 pm Lunch Buffet - D 3:30 pm Vespers Service - MIC	9 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MP 10:00 am Exercise - MP 10:00 am Art Class - AT 2:30 pm Fitness & Fun w/Lynn - MP	10 8:30 am Dry Cleaning Pick Up - G 10:00 am Shopping @ Super Walmart - SU 10:00 am Walking Club - F 3:00 pm Bingo - D	11 9:30 am Exercise - MP 10:00 am Exercise - MP 10:30 am Bible Study w/Rev. Dane - G 11:00 am JULIETS Lunch @ Stefano's - SU 2:30 pm Fitness & Fun w/Lynn - MP 4:00 pm Alzheimer's Caregivers Support Meeting - AT	12 10:45 am Praise & Worship - MP 1:45 pm Shopping @ Food Lion - SU 6:00 pm Bluegrass & Barbecue - MP/B - SU 	13 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MP 10:00 am Exercise - MP 10:00 am Shopping @ CVS - SU 1:45 pm Magnolia Mall - SU	14  12:00 pm Lunch Buffet - D	
15  12:00 pm Lunch Buffet - D 2:15 pm Central UMC's Birthday Celebration - SU 3:30 pm Vespers Service - MIC	16 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MP 10:00 am Exercise - MP 10:00 am Art Class - AT 2:30 pm Fitness & Fun w/Lynn - MP	17 8:30 am Dry Cleaning Pick Up - G 10:00 am Walking Club - F 1:45 pm Shopping @ Aldi's - SU 3:00 pm Bingo - D	18 9:30 am Exercise - MP 10:00 am Seamstress - G 10:00 am Exercise - MP 10:30 am Bible Study w/Rev. Dane - G 3:00 pm Trivial Pursuit - D	19 7:30 am Men's Breakfast - D - SU 10:45 am Praise & Worship - MP 1:45 pm Shopping @ Food Lion - SU 2:30 pm Fitness & Fun w/Lynn - MP 3:30 pm Lifetime Hearing - GC	20 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MP 10:00 am Exercise - MP 10:00 am Shopping @ CVS - SU 3:00 pm Armchair Travels - MP <i>Micronesia</i>	21  12:00 pm Lunch Buffet - D	
22  12:00 pm Lunch Buffet - D 3:30 pm Vespers Service - MIC	23 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MP 10:00 am Exercise - MP 10:00 am Art Class - AT 2:30 pm Fitness & Fun w/Lynn - MP	24 8:30 am Dry Cleaning Pick Up - G 10:00 am Walking Club - F 1:45 pm Shopping @ Harris Teeter - SU 3:00 pm Bingo - D	25 9:30 am Exercise - MP 10:00 am Exercise - MP 10:30 am Bible Study w/Rev. Dane - G 3:00 pm Newcomers Welcome Social - D	26 10:45 am Praise & Worship - MP 1:45 pm Shopping @ Food Lion - SU 2:30 pm Fitness & Fun w/Lynn - MP	27 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MP 10:00 am Exercise - MP 10:00 am Shopping @ CVS - SU 3:00 pm Panini Friday - D	28  12:00 pm Lunch Buffet - D	
29  12:00 pm Lunch Buffet - D 3:30 pm Vespers Service - MIC	30 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MP 10:00 am Exercise - MP 10:00 am Art Class - AT 2:30 pm Fitness & Fun w/Lynn - MP 5:00 pm Wine & Cheese - D	31 8:30 am Dry Cleaning Pick Up - G 10:00 am Walking Club - F 10:00 am Shopping @ Dollar Tree - SU 3:00 pm Bingo - D	LOCATION KEY: MIC - Mary Alice Ingram Chapel D - Dining Room G - Game Room AL - Assisted Living B - Bistro F - Front Desk PT - Purchase Ticket SU - Sign Up MP - Multi Purpose Room L - Library TBA - To Be Announced AC - Admin Conference TV - TV Room (2nd Floor) IL - Independent Living AT - Admin Training Room MT - Old Magnolia Terrace				HAPPY AUGUST BIRTHDAY Lohre Holter 8/01 B J Hammes 8/14 Beverley Dunn 8/14 Modene Echerd 8/15 Rufus Brown 8/17 Dewey Dean 8/18 Banks Scarborough 8/20 Carol Germain 8/23 