

WEEKLY MENU FOR RESIDENTS

SUNDAY, DECEMBER 06, 2020

SUNDAY LUNCH MENU:

STARTERS:

Bean and Peas Soup

Tossed Salad (lettuce, tomato, cucumber, cheese, eggs / ranch, thousand island, blue cheese, Italian, French, or oil & vinegar dressings)

Fresh Fruit

Ambrosia Salad

ENTREES:

Chicken Cordon Bleu (bearnaise sauce optional)

Tender Beef Pot Pie

Fried Chicken

Grilled Pork Chop

Steamed Tilapia Filet

SIDES:

Macaroni and Cheese

Au Gratin Potatoes

Turnips with Roots

Breaded Okra

Vegetable Blend

Seasoned Cabbage

Fresh Fruit (banana, orange, apple, or half grapefruit)

BREADS:

Corn Muffin

Wheat Roll

DESSERTS:

Peach Cobbler

No-Sugar-Added Cake

Sugar-free Jello

SUNDAY SUPPER MENU:

STARTERS:

Bean and Peas Soup

Tossed Salad (lettuce, tomato, cucumber, cheese, eggs / ranch, thousand island, blue cheese, Italian, French, or oil & vinegar dressings)

SANDWICHES:

Build Your Own Sandwich:

Breads – Wheat, White, Rye, Buttered Croissant

Meats – Chicken Salad, Ham, Turkey

Spreads – Pimento Cheese, Peanut Butter & Jelly

Other Toppings – Lettuce, Tomato, Cheese, Onion, Mustard, Mayo

SIDES:

Plain Potato Chips

Baked Potato Chips

Fresh Cut Fruit

DESSERTS:

Assorted Desserts

Assorted No-Sugar-Added Desserts

Sugar-Free Jello



MONDAY, DECEMBER 07 – WEDNESDAY, DECEMBER 09, 2020

LUNCH MENU:

STARTERS:

Loaded Baked Potato Soup

Tossed Salad (lettuce, tomato, cucumber, cheese, eggs / ranch, thousand island, blue cheese, Italian, French, or oil & vinegar dressings)

Fresh Fruit

ENTREES:

Barbecue Chicken

Fried Oysters

Grilled Chicken Breast Filet

Grilled Pork Chop

SIDES:

Roasted Potato Medley

Corn on the Cob

Baked Beans

Southern Greens

Honey-Butter Carrots

Fresh Fruit (banana, orange, apple, or half grapefruit)

BREADS:

Hushpuppies

Sourdough

DESSERTS:

Key West Lime Pie

No-Sugar-Added Cheesecake

Sugar-free Jello

SUPPER MENU:

STARTERS:

Loaded Baked Potato Soup

Tossed Salad (lettuce, tomato, cucumber, cheese, eggs / ranch, thousand island, blue cheese, Italian, French, or oil & vinegar dressings)

SANDWICHES:

Build Your Own Sandwich:

Breads – Wheat, White, Rye, Buttered Croissant

Meats – Chicken Salad, Ham, Turkey

Spreads – Pimento Cheese, Peanut Butter & Jelly

Other Toppings – Lettuce, Tomato, Cheese, Onion, Mustard, Mayo

SPECIAL ENTREE:

Stewed Pork and Peppers (rice optional)

SIDES:

Rice (brown gravy optional)

Green Beans

Plain Potato Chips

Baked Potato Chips

Fresh Cut Fruit

DESSERTS:

Assorted Desserts

Assorted No-Sugar-Added Desserts

Sugar-Free Jello

THURSDAY, DECEMBER 10 – SATURDAY, DECEMBER 12, 2020

LUNCH MENU:

STARTERS:

Minestrone Soup

Tossed Salad (lettuce, tomato, cucumber, cheese, eggs / ranch, thousand island, blue cheese, Italian, French, or oil & vinegar dressings)

Fresh Fruit

ENTREES:

Tuna Salad Cold Plate (tuna salad, cottage cheese, fruit cocktail)

Chicken Pot Pie

Sloppy Joe

Steamed Tilapia Filet

Baked Chicken

SIDES:

Yellow Rice (brown gravy optional)

Beer Battered Onion Rings

Vegetable Blend

Green Butterbeans

Rutabagas

Fresh Fruit (banana, orange, apple, or half grapefruit)

BREADS:

Broccoli Cornbread

Multigrain

DESSERTS:

No-Sugar-Added Apple Pie

No-Sugar-Added Cake

Sugar-free Jello

SUPPER MENU:

STARTERS:

Minestrone Soup

Tossed Salad (lettuce, tomato, cucumber, cheese, eggs / ranch, thousand island, blue cheese, Italian, French, or oil & vinegar dressings)

SANDWICHES:

Build Your Own Sandwich:

Breads – Wheat, White, Rye, Buttered Croissant

Meats – Chicken Salad, Ham, Turkey

Spreads – Pimento Cheese, Peanut Butter & Jelly

Other Toppings – Lettuce, Tomato, Cheese, Onion, Mustard, Mayo

SPECIAL:

Calf Liver and Onions

SIDES:

Mashed Potatoes (brown gravy optional)

Steamed Cauliflower (cheese sauce optional)

Plain Potato Chips

Baked Potato Chips

Fresh Cut Fruit

DESSERTS:

Assorted Desserts

Assorted No-Sugar-Added Desserts

Sugar-Free Jello