




THE MANOR

A Senior Living Community



Independent Living

JULY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>HAPPY BIRTHDAY</p> <p>Alberta Thokar 7/03 Idette Tucker 7/04 Warner Goodwin 7/10 Betty Anne Smith 7/10 Rosemary Balister 7/18 Jackie Stewart 7/25 Marvin Lynch 7/25</p>	<p>1</p> <p>9-10 am Coffee & Breakfast Sweets - B 9:15 am Exercise - MP 10:00 am Bible Study - G 11:00 am Art Class - MT 2:30 pm Fitness & Fun - MP</p> <p>(Lorre is on vacation July 1 - 5)</p>	<p>2</p> <p>1:45 pm Shopping at Dollar General - SU 3:00 pm Bingo - D</p>	<p>3</p> <p>9:15 am Exercise - MP 1:45 pm Food Lion - SU 3:00 pm Lemonade & Cookies - D</p>	<p>4</p> <p> HAPPY 4th of JULY</p> <p>12:00 pm Lunch Buffet - D 3:00 pm Watermelon & Boiled Peanuts - D</p>	<p>5</p> <p>9:00 am Scarborough Car Wash - SU 9-10 am Coffee & Breakfast Sweets - B 9:15 am Exercise - MP 10:00 am CVS - SU 1:45 pm Magnolia Mall - SU</p>	<p>6</p> <p>12:00 pm Lunch Buffet - D 3:00 pm Movie Time - AT <i>Star Spangled Girl</i> (Sandy Duncan)</p>
<p>7</p> <p>12:00 pm Lunch Buffet - D 2:30 pm Choir Practice - MIC 3:30 pm Vespers - MIC</p>	<p>8</p> <p>9-10 am Coffee & Breakfast Sweets - B 9:00 am Massage Therapy - SU 9:15 am Exercise - MP 10:00 am Bible Study - G 11:00 am Art Class - MT 2:30 pm Fitness & Fun - MP</p>	<p>9</p> <p>10:00 am Shopping at Super Wal-Mart - SU 2:30 pm Alz. Ed. Series - Understanding Alzheimer's & Dementia - MP 3:00 pm Bingo - D</p>	<p>10</p> <p>9:15 am Exercise - MP 10:00 am Resident Council Meeting - AT 10:15 am Bible Study with Rev. Dane - G 3:00 pm Trivial Pursuit - D 4:00 pm Alzheimer's Caregivers Support Meeting - AC</p>	<p>11</p> <p>8:00 am Dry Cleaning Pick Up - G 10:45 am Praise & Worship Service - MP 1:45 pm Food Lion - SU 2:30 pm Fitness & Fun - MP 3:00 pm Maypop Farmers Market - Adm. Portico</p>	<p>12</p> <p>9-10 am Coffee & Breakfast Sweets - B 9:15 am Exercise - MP 10:00 am CVS - SU 11:30 am Hot Dog Sale For Peggy 1:30 pm AT - PT</p>	<p>13</p> <p>12:00 pm Lunch Buffet - D 3:00 pm Movie Time - AT <i>Love, Romance & Chocolate</i> (Hallmark)</p>
<p>14</p> <p>12:00 pm Lunch Buffet - D 2:30 pm Choir Practice - MIC 3:30 pm Vespers - MIC</p>	<p>15</p> <p>9-10 am Coffee & Breakfast Sweets - B 9:15 am Exercise - MP 10:00 am Bible Study - G 11:00 am Art Class - MT 2:30 pm Fitness & Fun - MP</p>	<p>16</p> <p>1:45 pm Shopping at Aldi's - SU 2:30 pm Alz. Ed. Series - Understanding & Responding to Alz. & Dementia Behaviors - MP 3:00 pm Bingo - D</p>	<p>17</p> <p>9:15 am Exercise - MP 10:15 am Bible Study with Rev. Dane - G 11:00 am JULIETS Lunch @ Long Grain Cafe - SU 3:00 pm Armchair Travels - MP <i>Sweden</i></p>	<p>18</p> <p>7:30 am Men's Breakfast - D - SU 8:00 am Dry Cleaning Pick Up - G 10:45 am Praise & Worship Service - MP 1:45 pm Food Lion - SU 3:00 pm Banking Transportation - SU Wells Fargo/South State 6:00 pm Fly Me to the Moon Party - SU MP/B</p>	<p>19</p> <p>9-10 am Coffee & Breakfast Sweets - B 9:15 am Exercise - MP 10:00 am CVS - SU 3:00 pm Afternoon Ice Cream - D</p>	<p>20</p> <p>12:00 pm Lunch Buffet - D 3:00 pm Movie Time - AT <i>Too Many Girls</i> (Lucy & Desi)</p>
<p>21</p> <p>12:00 pm Lunch Buffet - D 2:30 pm Choir Practice - MIC 3:30 pm Vespers - MIC</p>	<p>22</p> <p>9-10 am Coffee & Breakfast Sweets - B 9:00 am Massage Therapy - SU 9:15 am Exercise - MP 10:00 am Bible Study - G 11:00 am Art Class - MT 2:30 pm Fitness & Fun - MP</p>	<p>23</p> <p>1:45 pm Shopping at Harris Teeter - SU 2:30 pm Ice Cream Truck - F 2:30 pm Alz. Ed. Series - Effective Communication Strategies - MP 3:00 pm Bingo - D</p>	<p>24</p> <p>9:15 am Exercise - MP 10:15 am Bible Study with Rev. Dane - G 3:00 pm Plantations & Historical Homes of SC - MP <i>Edmondston-Alston Home</i></p>	<p>25</p> <p>8:00 am Dry Cleaning Pick Up - G 10:45 am Praise & Worship Service - MP 1:45 pm Food Lion - SU 2:30 pm Fitness & Fun - MP 3:00 pm Maypop Farmers Market - Adm. Portico</p>	<p>26</p> <p>8:30 am Depart for Columbia Museum Of Art - SU 9-10 am Coffee & Breakfast Sweets - B 9:15 am Exercise - MP 10:00 am CVS - SU</p>	<p>27</p> <p>12:00 pm Lunch Buffet - D 3:00 pm Movie Time - AT <i>State Fair</i> (Rodgers & Hammerstein)</p>
<p>28</p> <p>12:00 pm Lunch Buffet - D 2:30 pm Choir Practice - MIC 3:30 pm Vespers - MIC</p>	<p>29</p> <p>9-10 am Coffee & Breakfast Sweets - B 9:15 am Exercise - MP 10:00 am Bible Study - G 11:00 am Art Class - MT 2:30 pm Fitness & Fun - MP 5:00 pm Wine & Cheese Social - D</p>	<p>30</p> <p>11:00 am Catalyst Wellness Lecture - AT <i>Manage Pain with Massage Therapy</i> 2:30 pm Alz. Ed. Series - Healthy Living for Your Brain & Body - MP 3:00 pm Bingo - D</p>	<p>31</p> <p>9:15 am Exercise - MP 10:15 am Bible Study with Rev. Dane - G 3:00 pm Newcomers Welcome Social - D</p>	<p>LOCATION KEY:</p> <p>MIC - Mary Alice Ingram Chapel D - Dining Room G - Game Room AL - Assisted Living B - Bistro F - Front Desk PT - Purchase Ticket SU - Sign Up MP - Multi Purpose Room L - Library TBA - To Be Announced AC - Admin Conference TV - TV Room (2nd Floor) IL - Independent Living AT - Admin Training Room GC - Gallery Conservatory H - Hospitality Suite MT - Magnolia Terrace Living Area</p>		<p>The Sign Up Book is on the table in the Gallery under the calendar board</p> <p>For More Information, contact Lorre Baird, VP of Resident Services</p> <p>ALL Activities & Locations subject to change</p> <p>Consult your Weekly Update & Postings</p> <p>Hospitality Suite Serving Mon - Friday 5 - 6 pm</p>