



# THE MANOR

*A Senior Living Community*



# Independent Living

## February 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>Ollie Shout</b> 2/03 <b>Allene Griffin</b> 2/05 <b>Bunny Thomas</b> 2/06 <b>Lib Coleman</b> 2/08 <b>Barbara Mims</b> 2/12 <b>Don Wall</b> 2/12	<b>Marcus Bethea</b> 2/15 <b>Peggy Vaci</b> 2/18 <b>Betsy Triplett</b> 2/20 <b>Olin Bullock</b> 2/20 <b>Maria Whitehead</b> 2/24 <b>Madeline Brice</b> 2/25	<b>1</b> 9-10 am Coffee & Breakfast Sweets - B 9:15 am Exercise - MP 10:00 am CVS - SU 1:45 pm Magnolia Mall - SU	<b>2</b> <b>Groundhog Day</b> 12:00 pm Lunch Buffet - D 3:00 pm Movie Time - AT <i>Road to Utopia</i>
<b>3</b> 12:00 pm Lunch Buffet - D 2:30 pm Choir Practice - IC 3:30 pm Vespers - IC 5:00 pm Super Bowl Pre-Game Party - B - SU 	<b>4</b> 9-10 am Coffee & Breakfast Sweets - B 9:15 am Exercise - MP 10:00 am Bible Study - G 2:30 pm Fitness & Fun - MP	<b>5</b> 1:45 pm Shopping at Dollar General - SU 3:00 pm Bingo - D	<b>6</b> 9:15 am Exercise - MP 10:00 am Resident Council Meeting - AT 10:15 am Bible Study with Rev. Dane - G 3:00 pm Classical Guitarist Jeffrey Bianchi - MP	<b>7</b> 8:00 am Dry Cleaning Pick Up - G 10:45 am Praise & Worship Service - MP 1:45 pm Food Lion - SU 2:00 pm Depart for Nance's - SU 2:30 pm Fitness & Fun - MP 4:00 pm Lifetime Hearing - GC 4:00 pm FMU Senior Scholars - MP	<b>8</b> 9-10 am Coffee & Breakfast Sweets - B 9:15 am Exercise - MP 10:00 am CVS - SU 3:00 pm Go Red at The Manor Day - D 	<b>9</b> 12:00 pm Lunch Buffet - D 3:00 pm Movie Time - AT <i>The Bucket List</i>
<b>10</b> 12:00 pm Lunch Buffet - D 2:30 pm Choir Practice - IC 3:30 pm Vespers - IC 	<b>11</b> 9-10 am Coffee & Breakfast Sweets - B 9:00 am Massage Therapy - SU 9:15 am Exercise - MP 10:00 am Bible Study - G 2:30 pm Fitness & Fun - MP 6:45 pm Florence Symphony - SU	<b>12</b> 10:00 am Shopping at Super Wal-Mart- SU 5:00 pm Hospitality Room Valentine Banquet - D - SU 	<b>13</b> 9:15 am Exercise - MP 10:15 am Bible Study with Rev. Dane - G 4:00 pm Alzheimer's Caregivers Support Meeting - AT	<b>14</b> <i>Happy Valentine's Day</i> 8:00 am Dry Cleaning Pick Up - G 10:45 am Praise & Worship Service - MP 1:45 pm Food Lion - SU 2:30 pm Fitness & Fun - MP 4:00 pm FMU Senior Scholars - MP	<b>15</b> 9-10 am Coffee & Breakfast Sweets - B 9:15 am Exercise - MP 10:00 am CVS - SU 2:00 pm Afternoon Ride - SU 	<b>16</b> 12:00 pm Lunch Buffet - D 3:00 pm Movie Time - AT <i>On Golden Pond</i>
<b>17</b> 12:00 pm Lunch Buffet - D 2:30 pm Choir Practice - IC 3:30 pm Vespers - IC 	<b>18</b> <b>PRESIDENTS DAY</b> 9-10 am Coffee & Breakfast Sweets - B 9:00 am Massage Therapy - SU 9:15 am Exercise - MP 10:00 am Bible Study - G 2:30 pm Fitness & Fun - MP	<b>19</b> 10:30 am Central UMC Lunch & Learn - SU 3:00 pm Bingo - D 	<b>20</b> 9:15 am Exercise - MP 10:15 am Bible Study with Rev. Dane - G 11:00 am JULIETS Lunch @ Red Lobster - SU 3:00 pm Armchair Travels Luxembourg - MP/B	<b>21</b> 7:30 am Men's Breakfast - SU 8:00 am Dry Cleaning Pick Up - G 10:45 am Praise & Worship Service - MP 1:45 pm Food Lion - SU 2:30 pm Fitness & Fun - MP 3:00 pm Bank Visit - SU 4:00 pm BB&T/1st Citizens FMU Senior Scholars - MP	<b>22</b> 9-10 am Coffee & Breakfast Sweets - B 9:15 am Exercise - MP 10:00 am CVS - SU 3:00 pm Presidential Trivia - MP 	<b>23</b> 12:00 pm Lunch Buffet - D 3:00 pm Movie Time - AT <i>Out of Africa</i>
<b>24</b> 12:00 pm Lunch Buffet - D 2:30 pm Choir Practice - IC 3:30 pm Vespers - IC	<b>25</b> 9-10 am Coffee & Breakfast Sweets - B 9:00 am Massage Therapy - SU 9:15 am Exercise - MP 10:00 am Bible Study - G 2:30 pm Fitness & Fun - MP 5:00 pm Wine & Cheese - D	<b>26</b> 11:00 am Catalyst Wellness Lecture - TBA - AT 1:45 pm Shopping at Aldi's - SU 3:00 pm Bingo - D 	<b>27</b> 9:15 am Exercise - MP 10:15 am Bible Study with Rev. Dane - G 3:00 pm Newcomers Welcome Social - D	<b>28</b> 8:00 am Dry Cleaning Pick Up - G 8:30 am Podiatrist Visit - SU 10:45 am Praise & Worship Service - MP 12:30 pm Talbot's Trunk Show - SU 1:45 pm Food Lion - SU 2:30 pm Fitness & Fun - MP 4:00 pm FMU Senior Scholars - MP	<b>LOCATION KEY:</b> IC - Ingram Chapel B - Bistro MP - Multi Purpose Room TV - TV Room (2nd Floor) GC - Gallery Conservatory D - Dining Room F - Front Desk L - Library IL - Independent Living H - Hospitality Suite G - Game Room PT - Purchase Ticket TBA - To Be Announced AT - Admin Training Room SU - Sign Up The Sign Up Book is on the table in the Gallery under the calendar board For More Information, contact Lorre Baird, Resident Services Director ALL Activities & Locations subject to change Consult your Weekly Update & Postings 	